

KMLGSAL Basketball Rules and Guidelines

These rules should be shared with all coaches and be posted at our near your school's score table.

The KMLGSAL uses the WIAA rules for basketball

***KMLGSAL Exceptions and Points of Emphasis:

Season Length:

A maximum of a 15 week season. (count backwards from your last game)

A maximum of 17 games. (count all possible tournament games)

(our KML tournament does not count for the 17, it is like our playoffs)

All scrimmages (another team is brought in) count as games

Schools may play beyond end date and games played to play in Lutheran state and national tournament with the consent of the AD's.

Start Time:

League games may start up to 10 minutes before the scheduled start time

Quarters:

A player may play a maximum of 5 quarters a night.

Players may with the approval of the ADs receive a hardship and play a maximum of 6 quarters.

Players (approved by hardship) may play a max of **84** quarters for the year.

Age:

Age limits B team- 13 years as of Sept. 15th of that year (and are in 5th-6th grade)

A team 15 years as of Sept. 15th of that year, (and in 7th or 8th grade)

unless mutually agreed on by AD's (discuss how to handle larger players at B level)

Technical:

2 Technical fouls by the coach in one game result in the coach being removed. If a player gets two technical fouls in one game then the player is suspended for the next game.

Free Throw Line:

13 ft. for B-teams; 15 ft. for A-teams

Pressing:

Press only in 4th quarter and only if neither team is up by 15 pts. (B-games only)

A-BB no team may press at 20 or more points

Coaches Standing:

The head coach may stand during basketball games (per WIAA rule). As always, refs retain the right to remove the privilege to stand.

Games:

Quarters are 6 minutes for all games (A & B)

Use the woman's ball for all B games and girls' games; use a men's ball for A boys' games.

Overtime will be 2 minute periods until a winner is determined.

Defense:

B-teams must play man defense the first half; second half is choice

Sportsmanship:

An emphasis should be made by schools and coaches to sub out starters when ahead by 20+