

## *KMLGSAL Soccer Rules*

### **Field**

1. Ideal dimensions would be 100 x 50 yards.
2. The goals will be 8 feet high and 24 feet long.
3. The rectangular goal area will be 6 yards deep from the goal posts.
4. The rectangular penalty area will be 15 yards deep from the goal posts.
5. The penalty kick spot will be 12 yards from the center of the goal.

### **Players**

1. The team will consist of 11 or 8 players. This should be agreed upon by the schools prior to the game. The minimum for the 8-player team will be 7 players.
2. All players must wear tennis shoes or regulation soccer shoes.
3. On free kicks, defensive players must be at least 10 yards from the ball.
4. Dead ball substitutions for the team with the ball or in between play. If the possession team substitutes, the other team may also substitute.
5. There is no time limit for a throw-in as long as the referee feels the player is not stalling.
6. Charging or interfering with the goal-keeper is illegal once the goalie has possession or control of the ball.
7. A goal-keeper may change positions with another player in the game for a penalty kick. The new goal-keeper must notify the referee. Goal-keepers must wear a different colored shirt from the rest of the team.
8. Off-sides shall be called according to the rules.
9. Players, fans, and spectators should remain at least 6 feet back from the sidelines and not behind end lines.
10. Dragging-of-the-foot may be allowed on throw-ins as long as the foot does not leave the ground.

### **Matches**

1. The match will consist of two 25 minute halves with a 5-10 minute half-time.
2. A flip of a coin shall determine the choice of ends or the kick-off.
3. After the half, teams shall change directions and the kick-off be taken by the opposite team.
4. The clock runs continuously except at the following times: between halves, after goals, and when ordered by the referee (i.e. when the ball travels way out of bounds).
5. The referee shall sound the whistle when the ball is out of play and for a foul or violation. Referees should verbally call out the infractions.
6. Games ending in a tie remain a tie. A playoff will be played only for the championship.

### **Regulations**

1. If a match is called because of bad weather, the home team must make the call before 2:00 p.m. Reschedule as soon as possible.
2. Schools should arrange previously concerning the referees.
3. In the standing, a win counts 2 points, a tie is 1 point, and a loss is 0 points.
4. Home team provides the game ball.
5. Coaches are reminded to set a good example of sportsmanship, and are responsible for the conduct of his team and spectators. Post game handshakes are strongly encouraged.